



The Burn Support Group Summer Newsletter

www.burns.org.nz

December 2022



Merry Christmas from The Burn Support Group

On behalf of the Trustees, Board and Michele we wish to extend our deepest and most heartfelt gratitude to all our wonderful supporters 'out there' our sponsors, benefactors, donors and all those who go to helping us do what we do!

Your support ensures that nobody ever feels ALONE in their burn experience and this alone can mean the world to them.

We wish each and every one of you, much peace, serenity, happiness and an abundance of blessings for the festive season, 2023 and beyond!



PSL are proud Platinum Sponsors of the
Burns Support Group

Dates for 2023

Board Meetings

21st Feb, 16th May, 22nd Aug, 12th Dec

A.G.M - 6th June

WOMEN'S RETREAT - 8th - 11th March

S/ SUNDAY'S

27th March, 25th June, 3rd Sept, 10th Dec (Xmas)

CAMP - 13th - 17th January

MEN'S DAY OUT - 17th - 18th November



Let's be friends on Facebook.
www.facebook.com/burnsupportgroup

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Charitable Trust
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GENEROUS QUOTA PAPAURA....

The Burn Support Group sincerely appreciates this more than generous donation of \$3780.00 contributing funds towards sponsoring children to Burn Camp and the Women's Burn Retreat 2023.

It was lovely to meet those involved with Quota Papakura and hear of the terrific work and enthusiasm shared between the members. This extraordinary group of volunteers have been tirelessly supporting the community and many organisations over a 47 year period raising a truly amazing sum of \$530,000.00. Attending a wonderful presentation with many other fortunate organisations, Serena Rudd, burn survivor accepted on behalf of the Burn Support Group this wonderful gesture.

We wish the Quota group all the very best for a prosperous and safe 2023

WEBSITE: www.quotapapakura.co.nz

S/SUNDAY 2/10/22

Rangi Pouwhare (Ti Tikanga-Led Support) introduced the wonderful work her and her team from Mana Atea are providing to the individuals and families/whanau around the country.

This presentation was insightful, informative and raised matters that could be extremely beneficial to many in the burn community.

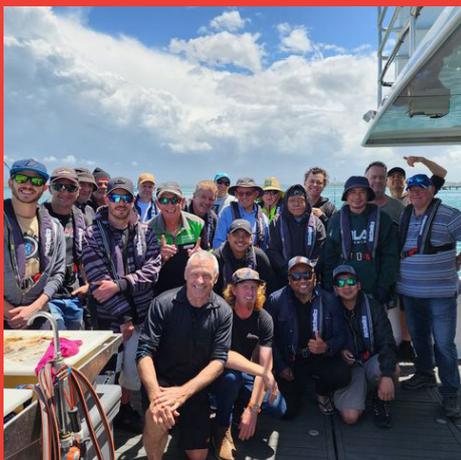
It is always a pleasure to see those attending Survivor Sunday, these events are a wonderful platform to mix and mingle, discovering new resources and tools that are available, and an opportunity to chat with others similarly affected.

Thank you to Beekeeper's Wife Cafe for the venue and the lovely lunch.
www.manaatea.nz



— THE —
BEEKEEPERS
Wife
BAR & EATERY

MEN'S DAY OUT, 19TH - 20TH NOVEMBER



21 men participated in this year's event, coming from all over the country to meet and share their stories.

Friday night was greeted with a BBQ and introductions, leading into Saturday boating on Tauranga Harbour. With good spirits they battled the waves and sadly didn't catch a lot of fish but with this in mind it did not hinder the enthusiasm. This wonderful opportunity was established 4 years ago to support males during and throughout each individual journey. It was truly inspiring to see all newcomers and previous participants! We wish to thank each and everyone for the feedback received via evaluation forms, this is extremely helpful with ideas for 2023..

Burn Support Group would like to express our immense gratitude to the team at WISH 4 FISH, this amazing boat was generously provided for this occasion. TONY PEARCE was extremely accommodating, patient and overwhelmingly supportive towards this event and requirements.
www.wish4fish.co.nz

Wish 4 Fish

Thank you to CAMERON THERMAL MOTEL, TAURANGA, FOR YOUR HOSPITALITY AND ACCOMMODATION

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New bath trolley for Paediatric Surgical Ward / WISHLIST 2022



We would like to extend our enormous gratitude to the Burn Support Group for the continuous support, donations and assistance with patients and patient care in Waikato Hospital.

This year we received a brand new bath trolley for E4 Paediatric Surgical Ward which hosts paediatric patients with burn injuries from within Waikato's regional catchment area.

The option of using a bath to facilitate dressing changes for paediatric patients has been a great drawcard for our unit and both patients and their families appreciate having this option. It is a great way to reintegrate children back into both water play and normal bathing habits after perhaps sustaining injury from water initially and is wonderful for families to see this happen prior to discharge home as well. This new bath has created a much more usable space in our treatment room on the ward as it can be removed and stored when not in use which enables availability of a lot more space in the

treatment room for other procedures not requiring the bath. Prior to this donation, we had a large, fixed bath in the room which became a real issue for practicality within the room for any procedures which did not require the bath as it took up the majority of the working area. With this new bath, we are able to fit more health professionals and support people into the room for the patients without creating obstacles for one another. The bath will be used by inpatients and outpatients alike as the treatment room is also used for paediatric outpatient burn dressing clinics twice weekly.

Helen Hughes
Burn Clinical Nurse Specialist, Waikato Hospital

MEET BRAVE YOUNG ANDREW:



At 14 months old Andrew suffered burns to almost 30 percent of his body after reaching for a cup of tea. He has had the help of some incredible people along the way, and developed a wonderful bond with his scar management specialist Alex. 16 months of treatment, and he has graduated from his regular appointments and we are all in awe of how his wee body has healed. He has scars but nothing like what they could have been without treatment. Michelle at the Burn Support Group was on the end of the phone very early on in our journey and made a very uncertain path seem so much clearer. I will forever be grateful for her kind and sure words. Thank you Michele x

Sara Soper (mother)

Wishing Andrew all the very best for his future. His family were wonderful to work with and the Burn Support team really helped us in the early stages. Thank you Michele. I look forward to working with the Burn Support Group more in the coming year.

Alex Cotton, O/Therapist
Nelson Hospital



Emerge Aotearoa is grateful for the support from the Burns Support Group for an ongoing fire safety campaign we are running. Emerge Aotearoa is a not-for-profit organisation offering services to the people of Aotearoa in the mental health, addiction, disability, and social housing space. On the week of 10 October 2022 Emerge Aotearoa held its inaugural Fire Safety Awareness Week for all kaimahi (staff) and tangata waiora (clients).

Michelle Henry, Troy Hall, and Donna Maria Ritchie from the Burns Support Group attend a virtual hui on Wednesday 12 October 2022. Troy and Donna shared their story with the Emerge Aotearoa whānau. This was truly a sobering experience for the Emerge Aotearoa whānau as they heard, first-hand, of the human impact fires and burns can have on those involved. Emerge Aotearoa is extremely humbled by their story and their openness to share their journey with us. As recognition of their courage Emerge Aotearoa gift Troy and Donna each a pounamu necklace carved specially for them and a Harakeke plant. The Harakeke plant has special significance here at Emerge Aotearoa as it symbolises our Lived Experience Framework. Emerge Aotearoa takes us both.

Chris Baker, Regional Manager, www.emergeaotearoa.org.nz



APPLICATION INFORMATION

PHOENIX WORLD BURN CONGRESS:

Gaylord National Resort & Convention Center
in National Harbor, Maryland, USA

4th-7th October 2023

- Applications need to be in writing and addressed to the Board of Trustees, Burn Support Group and emailed to michele@burns.org.nz.
- Applications close **1st March 2023**.
- Applicants need to be 18+ years.
- Applicants should express why they feel they warrant the trip and what they wish to gain from this event along with how they might contribute to the charity going forward.
- Final decision on applicants attending congress will be made at the discretion of the Board.
- Cost of flights, accommodation, meals, and congress tickets are covered for 4 days.
- Successful applicants will need to have a current valid passport and arrange all necessary visa requirements, travel insurance and personal spending money at their cost.



SURVIVOR SUNDAY XMAS PARTY:



Wonderful turn out to the end of year Xmas Party. Fisher House provided a lovely venue to round off 2022. With many newcomers, and familiar faces all a part of the burn family, a fun day was held by all. Raffles were won, stories were shared, face painting by Amy and games by Promoking Ltd, B.S.G are extremely grateful and thank all those that contributed to this event and throughout the year. MERRY XMAS TO ALL, WE LOOK FORWARD TO AN EXCITING 2023, SAFE HOLIDAYS AND ALWAYS REMEMBER YOU ARE "NOT ALONE"

P.S. A very kind gesture from Trevor and Donna, having won the bike raffle gifted this to newcomer young Wilco Pearson, this is truly the spirit of Xmas!

Women's Retreat - Applications To Be Received By 1st March 2023

Annual Women's Burn Survivor Retreat

Castaways Resort, Karioitahi Beach, Waiuku

8th—11th March 2023

A safe haven for women to share their stories and feelings with others similarly affected. An opportunity to discuss all the feminine issues they face, while learning strategies, tips and techniques to enrich and empower their day to day lives, all while having lots of fun (and pampering) in the process!



REGISTRATION: \$70

Internet Banking No: 0068794 000

RSVP by 1st February 2023

Burn Support Group Charitable Trust, PO Box 97164,

Manukau City or email michele@burns.org.nz

