



# The Burn Support Group Autumn Newsletter

www.burns.org.nz

March 2021



## CAMP AWHI 2021 - WILLOWPARK CAMP, AUCKLAND 22th-26th JANUARY

Going from the banter, it's difficult to tell that practically every person in the Willow Park Christian Camp hall, Eastern Beach, has been through a trial by fire, literally. Instead of stories of pain, depression, disfigurement, surgeries and survival, the kick-off to the five-day Children's Burn Camp Awhi being held after many years in east Auckland, feels like a happy and secure place to be.

As Michele Henry, co-ordinator of Camp Awhi hosted by the Burn Support Group, reassures some anxious parents whose kids are attending the camp (for ages 7-17) for the first time – the bubbly teamleaders maintain and upbeat mood. Ushering their teams to the beach for a stint of jet-skiing, the young team leaders share their stories with the Times, stressing that they are full of admiration for the brave, young burn survivors who show off their scars without being self-conscious.

Camp is an amazing experience for young burn survivors throughout NZ. This year 33 children attending, 5 days providing workshops, activities and wonderful adventures to remember. None of this would be possible without the support of the incredible volunteer leaders that give their time and patience.

B.S.G would like to thank this year's team for your tremendous hard work and commitment in making Camp AWHI the successful and invaluable event it is.

*Courtesy of Howick and Pakuranga Times article 2/2/21, Reporter Farida Master.*

### THANKYOU TO.....

AUCKLAND JET SKI RIDERS CLUB  
MP. Mr SIMEON BROWN  
MR WHIPPY  
SIP N PAINT  
TIME ZONE BOTANY  
PIZZA HUT  
PARADISE ICE SKATING / ESCAPE  
ROOMS BOTANY  
POLICE TRAINING DOGS  
RAINBOWS END  
DENNY'S RESTAURANT  
SEASPRITE CHARTERS  
PARNELL POOLS  
HOWICK FIRE SERVICE  
MADDIE ABOUT YOU LTD  
WILLOW PARK CHRISTIAN CAMP / SUE  
& CHRIS  
HARLEY BIKES RIDERS (INSLEY FAMILY)  
HIREACE  
HOWICK AND PAKURANGA TIMES  
JIM KAYES (AMBASSADOR)

# Camp Awhi 2021



## Winter Safety

Have smoke alarms in each living space in the house and test them monthly.

"A metre from the heater" keep this as a rule for sitting or placing items next to the heater

Keep matches and lighters out of reach of children

Heating devices including fires should be screened with a proper fireguard and never left unattended

Do not hang clothes on the heater to dry.

Have your electric blankets tested annually by a qualified electrician.

Never leave a child unattended in the bath / shower



CHILDREN'S CAMP  
14<sup>th</sup> – 18<sup>th</sup> JANUARY 2022  
Ngatuhua Lodge  
Kaimai Mamaku Forest Park

Application forms available on the website due by 1st October 2021  
<https://www.burns.org.nz/upcomingcamps.html>

## Fundraising raffle contributing to Camp Awhi 2022

Winter Get Away Raffle  
2 nights accommodation at  
the base of Turoa  
Ski field  
Tickets \$10

Supporting National Children's Burn Survivor Camp Awhi 2022

- 3-bedroom air bnb villa, 6 beds, 2 bathrooms – kindly donated by Lynn (host)
- Close to Turoa or Whakapapa ski fields, Tongariro Crossing, bush walks, cycleways, restaurants and bars
- Valid for 12 months - extended days at cost are available

Contact Michèle on 09-2700640 or [michele@burns.org.nz](mailto:michele@burns.org.nz)

Raffle Drawn 14<sup>th</sup> May 2021



## BURN SUPPORT CHARITABLE TRUST ENHANCE PATIENT CARE WITH DONATION OF VALUABLE EQUIPMENT:

The Sertain Hilo electric Rehabilitation chair would allow our most vulnerable burn patients coming out of ICU to easily transfer from a bed to the chair using a patient slide.

The chair reclines completely flat allowing a bed to bed transfer, which reduces pain for the patient, protects the integrity of their skin, while providing the safest method to reduce injury to staff. It then adjusts to either a reclined position or a full chair position. It is height adjustable allowing a patient to stand from it if they are able to. This chair has excellent pressure relief and a patient could comfortably remain in it for a good length of time. It is also able to be dismantled to allow full cleaning for infection control purposes.

For many of our patients getting out of their room gives them a significant psychological boost. They can really see they are making progress and moving on to the next stage of rehabilitation. While we do this currently, this rehabilitation chair offers them the ability to do this earlier. It is also ideal for our patients getting out of bed for the first time who sometimes lack the ability to stand to get back on to the bed, reducing patients anxiety and promoting their sense of independence.



With the support of the Southern Stars

### Fifth Annual Women's Burn Survivor Retreat

Castaways Resort, Karioitahi Beach, Waiuku

28th April—1st May 2021

A safe haven for women to share their stories and feelings with others similarly affected. An opportunity to discuss all the feminine issues they face, while learning strategies, tips and techniques to enrich and empower their day to day lives, all while having lots of fun (and pampering) in the process!



REGISTRATION: \$68

Internet Banking No: 06-0233-068794-00

Limited spaces available so registrations are to be completed and returned to the office by 1st March 2021

Burn Support Group Charitable Trust, PO Box 97164, Manukau City or email [michele@burns.org.nz](mailto:michele@burns.org.nz)



### Annual General Meeting

Burn Support Group Charitable Trust Inc

Date: 8<sup>th</sup> June 2021

Time: 6.30pm

Venue: Burn Support Group Office  
16 Albion Road, Otahuhu, Auckland

OUR GOAL IS TO IMPROVE THE LIVES OF BURN SURVIVORS AND LOWER THE INCIDENTS OF BURN INJURIES



## Survivor Sunday 28<sup>th</sup> March 2021 11am-3pm

MACLEANS PRIMARY SCHOOL  
10 WYCHERLEY DRIVE, BUCKLANDS BEACH, AUCKLAND

- BRING THE KIDS! CATCH UP AFTER CAMP
- MEET & GREET PARENTS
- SCHOOL POOL AVAILABLE – TOGS AND TOWEL REQUIRED
- LUNCH PROVIDED

## 4 // The Burn Support Group

# B.S.G WELCOME TWO MEMBERS TO THE BOARD

### Richard Younger - Board Member

Having travelled the path of being a burns survivor I understand that it is important to offer other survivors [young and old] the much-needed support in their journey to a speedy recovery.

My story began in August 2002 when I was involved in an incident that left me with full thickness burns to 50% of my body, truly a life changing experience. I spent several months in Waikato Hospital, countless hours of surgery and skin grafts, 12 months of prescribed skin lotions, pressure garments, hours of physio and a time with "specialists" on mental wellbeing. Aided by teams of skilled and caring health care professionals, including paramedics, surgical & nursing staff, no end of gratitude and thanks can be afforded to these exceptional people in my overall recovery.

However, it has been the continued love and support of my partner, Desley, our children Liam and Abbie and extended family and friends that I have managed to continue on with life involving my many business interests [here in Cambridge] in the building and retail sectors along with 12 years on School Boards of Trustees.

I am extremely grateful and thankful for the time that I continue to have despite all that I have been through and the sacrifices that others have made for me over the past 18 years. It is for this reason I now welcome the opportunity to be elected as a Board Member of the Burns Support Charitable Trust to be able to work with like-minded and caring people for the betterment of others who have suffered "man's worst injury" and who are about to travel the road to their own recovery.



*Absent Suzanne Lee, Hannah Will*

### Sam Barnes - Board Member

I was staying in a motel in Gisborne on a working trip in July 2017. At 3 o'clock in the morning I heard, "Sam! Sam! Sam!", from my friend who was sleeping in the adjoining room, with the three single beds. I opened the door to find the bed beside his bed on fire and the room filling with toxic smoke.

Had he not woken up he would be dead today and I may not have been too far behind him as who is likely to see the smoke at 3 o'clock in the morning?

Soon after this a friend of mine who lives in Hawaii rang me and said I had to go to Dallas Texas and check out this company as they make the best fire detection in the world and the meeting was on my birthday. I felt somebody was telling me something, so I went. I immediately decided to join the company and start marketing their products in New Zealand. We started trading in January 2018 and decided to donate a small amount from each customer who purchased to the Burns Survivor's charity. The more I learnt about the Burns Survivor's charity the more I felt I needed to contribute and was recently asked to join the board, and hope I can do justice to the position.

*it's okay to stop*  
and JUST BE.

Everybody Wants Happiness  
And Nobody Wants Pain ,



But You Can't Have A Rainbow  
Without A Little Rain .

Burn Support Group would like to thank the ongoing contribution and support with Quarterly Newsletters to Lee Gilson from PSL Fire & Safety [www.pslfireandsafety.co.nz](http://www.pslfireandsafety.co.nz)



PSL are Platinum Supporters of the Burns Support Group