

**5th ADULT BURNS SURVIVOR
& FAMILY EDUCATION SUPPORT FORUM
PROGRAM**



WEDNESDAY MAY 2

Attendees arrive during the course of the day and make their own way to Adelaide Shores Resort, Military Road, West Beach. Tel 08 8355 7360
Approximately a \$20 taxi fare from Adelaide Airport
Check into allocated cabins from 2pm

6.30 pm BBQ meet and greet at Adelaide Shores

THURSDAY MAY 3

Barcoo Function Centre - First floor
Session Topic & Presenter Presenter

8.45am - 9.15am Registration, coffee and catch up

9.15 am - 9.30 am Welcome and House keeping Committee

9.30am - 10.00 am The New Beginning Julian Burton
Julian Burton Burns Trust

10.00 am - 10.45 am The latest development and treatment of burns Professor John Greenwood AM
Professor, Faculty of Surgery, University of Adelaide

10.45am - 11.00am Morning Tea

11.00am - 11.45 am Body image Andrea Parker
Senior Clinical Psychologist - Burns Unit Royal Adelaide Hospital

11.45 am - 12.30pm Triumph of the Human Spirit Delwyn Breslau
Burn Support Group Charitable Trust - NZ

12.30 pm - 1.00 pm LUNCH

1.00 pm - 1.45 pm Dealing with anxiety and depression Andrea Parker
Senior Clinical Psychologist - Burns Unit, RAH

1.45 pm - 2.30 pm What is more effective? Tanja Klotz
Pressure or Silicon gel for different scars? Senior Occupational Therapist, RAH

2.30 pm - 2.45 pm Afternoon Tea

2.45 pm - 3.15 pm Managing your burniversary and other trigger points Martha Druery
Burns Counsellor and Researcher, RBH

3.15 pm - 3.45 pm Results of systematic review on moisturisers for scars Tanja Klotz
Senior Occupational Therapist, RAH

3.45 pm - 4.00pm Q&A

4.00 pm - 6.00 pm Free Time

6.00 pm - 9.00 pm Paella Evening - watch it being made

Entertainment provided by Stand up comedian Anthony Lamond

FRIDAY MAY 4

Barcoo Function Centre - First floor

Session Topic & Presenter

Presenter

8.45am - 9.15am

Sign in. Coffee/tea

9.15 am - 9.30 am

Thursday Review

Committee

9.30am - 10.15 am

Supporting other burns survivors - tricks and traps

Martha Druery
Burns Counsellor and Researcher, RBH

10.15 am - 10.30 am

Morning Tea

10.30 am - 10.45 am

An overview of Texas

Karen & Carol

10.45 am - 11.30 am

The Big Picture - Team Activity

Jo/Dawn/Karen

12.30 pm - 1.00 pm

LUNCH - Vietnamese Rolls

1.00 pm - 2 pm

A financial Perspective

Anna O'Laughlin
Financial Counsellor, Anglicare

2.00 pm - 3.00 pm

Open forum - A frank and honest discussion

Panel

3.15 pm - 3.30 pm

Presentations

Committee

3.30 pm - 4.00pm

Wrap up and closing

Committee

4.00 pm - 6.00 pm

Free time and get ready for dinner
or depart for airport

6.00 pm

Bus departs Adelaide Shores for Town Hall

7.00 pm - 1.00 am

Julian Burton Burns Trust Dinner - Fire & Ice Ball
Dress Code Black Tie

1.00 am

Bus returns to Adelaide Shores from Town Hall

SATURDAY MAY 5

10.00 am

Check out if leaving
DAY TRIP TO BAROSSA VALLEYMarkets, Cheese shops, Wineries, Menglers Hill Sundowners
Butcher, Baker and Winemaker trail

7.30 pm

Return to Adelaide Shores
The evening is yours**SUNDAY MAY 6**

Check out and head home