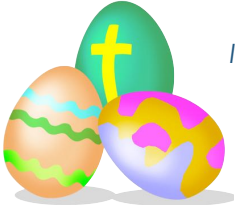




# Burn Support Group Charitable Trust, Inc.

## Newsletter

AUTUMN 2017



*It's hard to believe Summer is over and we are starting to feel the chill of Autumn. A lot has happened since the last newsletter so take a break with a hot drink (out of reach of children of course!) and find out what Burn Support Group has been up to.*

### ALAN BRESLAU HONOURED AT KIWIBANK NEW ZEALANDER OF THE YEAR AWARDS



Burn Support are extremely pleased to announce patrons Alan and Delwyn Breslau were recipients for Local Hero Awards receiving medals for the Auckland Area. Alan was voted in the top 10 representatives for New Zealand.

Michele Henry (Administrator), Alan, Delwyn and Tayla Henry had the wonderful opportunity of attending the Gala Dinner at The Langham Hotel. It was a spectacular evening, enjoyed by all!

Alan's take on his burns is a positive one: "My accident and disfigurement have given me an edge. I regret nothing. I feel no bitterness. I blame no one. I am a victor of circumstances, not a victim - what I have now is life - and life is everything." leading this organisation into exciting times. I believe through continuing to increase our exposure enabling us to reach more people, being innovative, developing new support and funding initiatives and creating strong partnerships with key organisations we have a very strong future.



### **The Beauty of Disfigurement - by Alan Breslau**

Over the 50 years since his accident, Alan has developed many concepts, theories and strategies to help disfigured people cope with the many problems and challenges facing them in their day to day lives. You can purchase this book through the Burn Support Group for \$30 plus \$5 p&p.

A percentage of sales goes to Burn Support



Mr Quick Cool says:  
**"Seconds to burn,  
BUT at least  
20 minutes  
to cool !!!"**

Lets be friends on Facebook.

[www.facebook.com/  
burnsupportgroup](http://www.facebook.com/burnsupportgroup)

**Burn Support Group  
Charitable Trust**

PO Box 97164

Manukau City

Auckland 2241

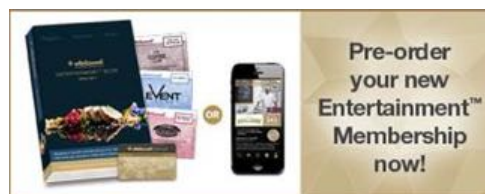
[www.burns.org.nz](http://www.burns.org.nz)

(09) 270 0640

## LOOKING FOR SOMETHING TO KEEP THE KIDS BUSY DURING THE HOLIDAYS?

There are PLENTY of activities in the Entertainment Book . Choose from digital and hardcopy memberships for all around NZ.

If you would like to purchase an Entertainment Book through Burn Support Group the link is listed below. \$13 from each book comes directly to us which in turn supports burn survivors. Help us achieve our goal by sharing this link with your friends and Family. Thanks for your support!



<https://www.entertainmentbook.co.nz/orderbooks/967f08>

## WOMEN'S BURN SURVIVOR WEEKEND RETREAT

**24TH - 26TH MARCH 2017**

To be held at a remote Auckland beach and designed to cover all the feminine issues faced by adult burn survivors. Workshop sessions will be held by qualified practitioners on:

**MASSAGE:**

BONNY THOMAS and IVANA REDDINGTON, Massage Therapists from the NZ College of Massage Therapy.

**THE APPEARANCE ISSUES:**

TIPS, TRICKS & TECHNIQUES with makeup tutored by Senior MAC Cosmetic Artist KRISTY LEE WALLACE.

**THE REAL ISSUES:**

Workshops facilitated by National Burn Unit Health Psychologist KAT SKINNER on 'Self-care and Resilience for Burn Survivors' and 'Intimacy and Sexuality'.

**THE VISIBLE ISSUES:**

'THE ACUTE MANAGEMENT OF BURNS & LONGER TERM MANAGEMENT OF SCARS & REVISION PROCEDURES' will be addressed by Plastic Surgeon, MARTIN REES, F.R.A.C.S.



It wouldn't be a weekend at the beach without some sunbathing and swimming too, so book now to reserve your place- space is very limited! \$50 for entire weekend.

Register now by calling Delwyn on: 09 533 3971 or 021 069 4410

## **STAYING ALIVE EMERGENCY SERVICES AND VOLUNTEERS OPEN**



Staying Alive is an annual event showcasing the work of our NZ Fire Service, Police, Ambulance, Civil Defence, emergency service rescue team and voluntary services and what they do on a daily basis.

This years event was held at The Cloud in Auckland City. Emergency Services showcased their skills at this exciting educational event. Burn Support Group once again had our stand informing people of safe practices.



## CAMP AWHI

Every year Burn Support Group bring together children from all over NZ who have sustained a burn injury. This is free of charge through fundraising done throughout the year. This years camp was at Camp Maynard in Albany, Auckland. We had five action packed days of beautiful weather, fun, support, determination and making new friends.

Thank you to the following organisations for making our camp possible: Jump NZ, SKYCITY Breakers, Eastern Rentals Ltd, Why Knot Shop, BDM Grange, Silverdale Adventure Park, Alan Watson (magician), Harcourts Cooper & Co Real Estate, Craftlab NZ, Rocket Ropes, Pizza Hut, Madeline Thibaud and Clip n Climb North Shore. Thanks to Alan and Delwyn Breslau, our counsellors, volunteers and our adult burn survivors who inspire and are great role models to our children.



For more information on our camp see our website: <http://www.burns.org.nz/camp-awhi/>

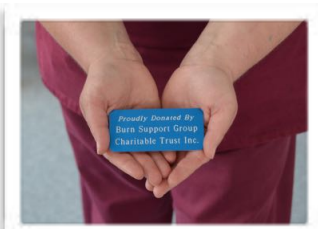
## MADDIE ABOUT YOU PHOTOGRAPHY

A huge THANK YOU to Madeline Thibaud from Maddie about You Photography, who donated her time at camp to picture the beauty of our children. The kids had a great time being glammed by Senior MAC cosmetic artist Kristy Lee Wallace and posing for some amazing photos that the parents get to have as a keepsake. Details below for Madeline.

**MaddieThibaud**  
**Mobile +64 212874770**  
<http://www.maddieaboutyou.com>



## BSG DONATION OF EQUIPMENT TO WAIKATO BURNS WARD



Jan Steele and Michele Henry made the trip to Waikato Hospital to present donated items to the Burns Unit. Burn survivors Donna Gregory and Vanessa Glass also came along.

The equipment donated, was funded through a telemarketing campaign concentrating on the Waikato Area. The Burn Support Group may be stationed in Auckland however we are working closely with the Burn Centres throughout N.Z to establish strong connections and support all those that sustain burn injuries.

The equipment donated was three HANDHELD SIGNAL EXTRACTION PULSE OXIMETER, Pulse oximetry is a continuous and non-invasive method of measuring the level of arterial oxygen saturation in blood. SHOWER CHAIR is to benefit the lifting and comfortability of the patient as required, particularly children suffering burn injuries.

To date, the trust has gifted \$22,000 worth of equipment to the hospital's burns ward.



### BEFORE IT GETS TOO COLD SAFETY TIPS

Clean chimneys and flues before your first fire of the season

Remember the metre from the heater rule - always keep furniture, curtains, clothes and children at least a metre away

Don't overload the clothes dryer and clean the lint filter after each cycle

Make sure the ceramic heater element is not broken or chipped and that the element guard is in place.

Get your electric blankets checked before the go back on your beds.

## PHOENIX SOCIETY WORLD BURN CONGRESS

Burn Support Group would like to send a NZ contingent to the Phoenix Society World Burn Congress in Dallas, Texas, USA. The congress runs from October 4 - 7, 2017. The congress consists of workshops, conversation, networking, professionals and speakers along with peer support. If you are interested in attending please put in to writing a letter stating why you would like to go, what you would like to get out of it, and what you will give back to Burn Support Group from attending it. Please email Nikki on [nikki@burns.org.nz](mailto:nikki@burns.org.nz) or post to Burn Support Group charitable Trust, PO Box 97164, Manukau City, Auckland 2241.

All applications to be in by the end of March 2017.

## DEFSEC Media

BSG would like to share their appreciation for the wonderful support given by DEFSEC Media. [FireNZ](#) magazine is published by DEFSEC Media Ltd on behalf of Fire Protection Association N.Z, Society of Fire Protection Engineers N.Z, Institution of Fire Engineers N.Z.

B.S.G. acknowledge for the past 12 months, [publisher](#) Craig Flint has placed

articles relating to the Charity through 3 magazines ([Line of Defence](#), [FireNZ](#) and [NZSecurity](#)) distributed through N.Z. With this valued opportunity it has raised the awareness surrounding burn survivors, promoted Burn Support Group as a non-profit organisation available throughout the Communities within N.Z.

On Friday 24th February, Alan and Delwyn Breslau were given the opportunity to present at the Opening Ceremonies of the annual Lions Convention in Rotorua to about 170 of their members including local dignitaries Mayor Steve Chadwick and MP Todd McLay. It was a wonderful opportunity to 'spread the word' about our work and the needs of our burn survivors.

### WELCOME PETE SHARP TO BSG

Hi there, My name is Pete Sharp many of you know me as Jorja's dad. I have attended a few camps and functions over the years with the Burn Support Group. I was privileged to be asked to go on the board, I jumped at the chance to see and help on the other side of this marvellous charity.

Since Jorja had her accident I have been involved with helping other

people from being a Swim coach and then onto to the president of a swim club teaching kid's the life skills in being able to swim and survive in the water. I also worked for St John for many years as a paid Emergency Medical Dispatcher, along with a volunteer role as a leader at St John Youth in Onewhero. I have now finished with St John however I still do a bit of volunteer work while patrolling as a surf lifeguard at the best beach on the Wild West coast at Sunset Beach, Port Waikato.

I feel privileged to be asked onto the board and hope that you all feel you can approach me at any time in confidence or just for a casual conversation and a laugh. Being the parent of a burn survivor we are all still learning as we go. Stay safe!

### ADVERTISING

Are you a burn survivor or the parent/ caregiver or a friend of a burn survivor and feel that others might benefit from and be encouraged by you sharing your experience, please contact us and tell us about it. if you would like to help contribute towards the production and distribution of our newsletter in return for advertising contact - [nikki@burns.org.nz](mailto:nikki@burns.org.nz)

### Yes I want to make a difference to the lives of burn survivors and their families

Please accept my donation of \$

Details:

My email address is:

I'd like to donate by:

- Online at [www.burns.org.nz](http://www.burns.org.nz) OR
- Enclosed cheque made payable to Burn Support Group Charitable Trust. (PO Box 97164, Manukau City, Auckland 2241)

Please contact me about:

- Making regular donations
- Leaving a bequest in my will

All donations to the BSG are tax deductible and receipted. Charities Commission No: CC48691.