



# Burn Support Group Charitable Trust, Inc.

## Newsletter

M A R C H 2 0 1 5



### CONGRATULATIONS

#### SKYCITY NZ BREAKERS

Burn Support Group Charitable Trust Inc, are very proud to be an Official Community Partner of the SKYCITY NZ BREAKERS, therefore we are thrilled that the boys took out the Australian NBL 2014.15 championship.



### LOCK IN THESE DATES:

Charity Race Night at  
Alexandra Park - Friday  
November 13

Adult Seminar (Auckland) -  
11 - 13 September

Phoenix Society World Burns  
Congress (Indianapolis, USA)  
October 21 - 24

Burn Support Group  
Christmas Party Sunday 6  
December

### Burn Support News



What a beautiful Summer we are having - I hope you are all remembering to SLIP on a shirt, SLOP on some sunscreen, and SLAP on a hat. Radiation levels are at their peak from September to April, especially between 10am and 4pm so please be Sunsmart!

**HAPPY EASTER!**

## STAYING ALIVE - VOLUNTEER & EMERGENCY SERVICES OPEN DAY

Staying Alive is an annual event showcasing the work of our NZ Fire Service, Police, Ambulance, Civil Defence, emergency service rescue team and voluntary services and what they do on a daily basis.

This years event was held at The Cloud in Auckland City. Emergency Services showcased their skills at this exciting educational event which included displays of road crash rescue re-enactments, demonstrations on what to do in case of a kitchen fire and loads of information.

Burn Support Group once again had our stand informing people of safe practices.

A huge thanks to Paul, Jack and Willow for helping hand out our packs.



*For beautiful eyes, look for the good in others; for beautiful lips, speak only words of kindness; and for poise, walk with the knowledge that you are never alone.*

- Audrey Hepburn



Mr Quick Cool says:  
**"Seconds to burn,  
BUT at least  
20 minutes to cool !!!"**

Lets be friends on Facebook.

[www.facebook.com/  
burnsupportgroup](http://www.facebook.com/burnsupportgroup)



**Burn Support Group  
Charitable Trust**

PO Box 97164

Manukau City

Auckland 2241

[www.burns.org.nz](http://www.burns.org.nz)

(09) 270 0640

## BURN SUPPORT GROUP CHILDREN'S CAMP



Every year Burn Support Group bring together children (7-17years) from all over NZ who have sustained a burn injury. The camp is very rewarding for the children because they feel 'normal' and don't feel like they are being stared or pointed at because they all share the same scars. This is free of charge through fundraising done throughout the year.

This years camp ran from 21 - 25 January, at Lakewood Lodge in Huntly. We had five days of beautiful weather, fun, support, determination and making new friends. It is fantastic to watch the children develop in confidence over the camp.

Thank you to our sponsors and donors - Bio Oil, Flava and Banana Boat, who donate such amazing items. A huge thanks to Alan and Delwyn Breslau and our adult burn survivors who inspire and became great role models to our children. Another big thanks to Tori Blomfield who volunteers her time to come and help on camp.



## BURN SUPPORT DONATIONS

Each year Burn Support Group donates equipment to the National Burn Centre at Middlemore Hospital. This year a Dermatome and trolley were on their wishlist, so along with Southern Stars Charitable Trust, we fundraised to purchase this equipment.

Richard Wong She (Clinical Leader for Burns) said the Dermatome is a huge step up from the equipment they use to work with (see picture below of Dermatome next to the harvesting knife) The harvesting knife relies on the operator, whereas the Dermatome is machine operated which gives a more accurate thickness for skin grafts and the scarring is tidier and more consistent.

happy to receive a \$2000 cheque again this year. Dave is a member of the HAMC Nomads and is also a burn survivor, A huge thanks to all who were involved.



In February the HAMC Nomads organised a dice run to raise money for the Burn Support Group Charitable Trust. This is an annual event, where hundreds of bikes form a convoy and follow a designated route. We were the proud recipients of last years profits and are

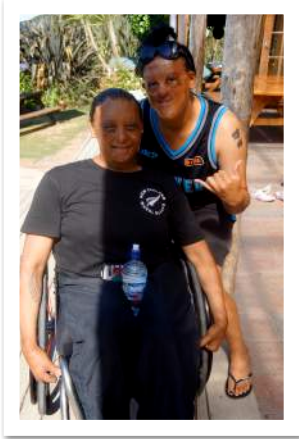
In February Manukau Nissan ran an auction on a traded in Maxima in mint condition on Trade Me. All proceeds from the auction were donated to Burn Support Group. A huge thanks to Jeremy Spicer and his team who continually support our charity.

As the end of financial year is coming up, Manukau Nissan are offering a special rate for Market Valuation Certificates with all profits from this being donated to Burn Support Group. Please contact Jeremy and quote Burn Support Group to take advantage of this special offer. Phone: 09 261 4000



## NEW FACES FOR BURN SUPPORT GROUP

We have had a few changes to Burn Support Group since the last newsletter.



Firstly a huge warm welcome to our newest member of our board **Mata La'akulu**.

Mata was burnt as an infant and I'm sure will bring us some fresh new ideas with her positive outlook on life. This photo was taken with Maia Amai (burn survivor and Wheel Black) at our children's camp.

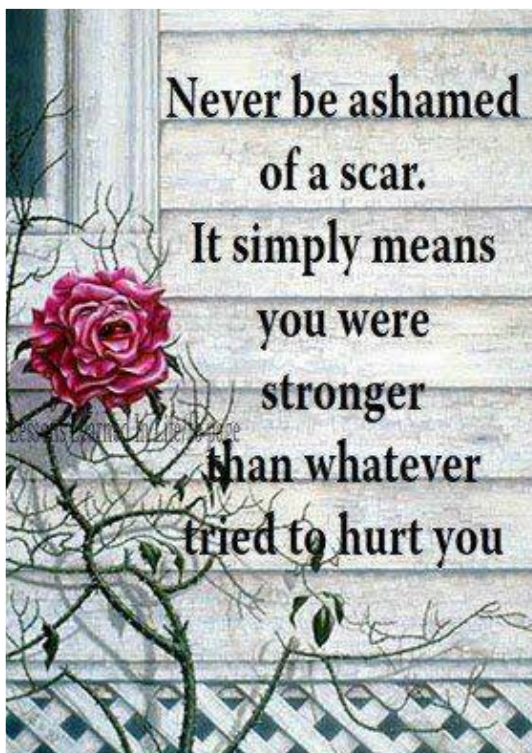
Our next new board member is a father of a child that attends our children's camp. **Paul Dragicevich** joins the Burn Support Group Charitable Trust board. He is very enthusiastic, and I'm sure will also provide another perspective as a parent of a burn survivor.

Paul is seen in this picture with another father of a burn survivor Dominic Hannon at our children's camp.



Lastly **Ann Stevens** has also come on as a Trustee along with Jan Steele and Mark Wiggins. Ann is also on the Burn Support Group Board. Those who have met Ann will love her enthusiasm and infectious laugh.

Welcome to Burn Support Group Charitable Trust Mata, Paul and Ann.



## BURN SUPPORT GROUP CHRISTMAS PARTY

The sun shone as we all enjoyed each others company at the annual Christmas Party.

A great turn out with some old and some new faces. Spit Roast Catering served us a beautiful christmas meal and the bouncy castle kept the kids happy.



### The Beauty of Disfigurement - by Alan Breslau

Over the 50 years since his accident, Alan has developed many concepts, theories and strategies to help disfigured people cope with the many problems and challenges facing them in their day to day lives. You can purchase this book through the Burn Support Group for \$30 plus \$5 p&p.

A percentage of sales goes to Burn Support

## WINTER SAFETY TIPS

Clean chimneys and flues before your first fire of the season

Remember the metre from the heater rule - always keep furniture, curtains, clothes and children at least a metre away

Don't overload the clothes dryer and clean the lint filter after each cycle

Make sure the ceramic heater element is not broken or chipped and that the element guard is in place.

Get your electric blankets checked before the go back on your beds.

## PHOENIX SOCIETY WORLD BURN CONGRESS APPLICATIONS



Burn Support Group would like to send TWO people to the Phoenix Society World Burn Congress in Indianapolis, Indiana. The congress runs from October 21-24, 2015. The congress consists of workshops, conversation, networking, professionals and speakers along with peer support. People come together to support and increase their knowledge and share inspiring stories.

If you are interested in attending please put in to writing a letter stating why you would like to go, what you would like to get out of it, and what you will give back to Burn Support Group from attending it.

Please email Nikki on [nikki@burns.org.nz](mailto:nikki@burns.org.nz) or post to Burn Support Group Charitable Trust, PO Box 97164, Manukau City, Auckland 2241.

for more information please visit Phoenix society's website: <http://www.phoenix-society.org/wbc/>

## BURN SUPPORT GROUP RESOURCES

On a regular basis we send our resources out around the country to various groups - Plunkets, schools, kohanga reos etc.

We received these photos of some Mums receiving our safety magnets:



We also received this Thank You letter from Dawn at the Wainuiomata Police Station:

*"Thank you so much for the resources for our prevention and safety packs for new members to Neighbourhood Support. Each member will receive one of these packs and hopefully all our safety messages will get through. Quite often a leaflet will end up in the recycling but your resources are probably*

*the best I have seen for a long while and appreciate your generosity "*

## DO YOU HAVE NEW DETAILS?

Please keep our database up to date so that we can keep you informed on events and happening with Burn Support Group. If you change address, email or phone numbers please let us know so we can update our records.

## ADVERTISING

Are you a burn survivor or the parent/ caregiver or a friend of a burn survivor and feel that others might benefit from and be encouraged by your sharing your experience, please contact us and tell us about it.

if you would like to help contribute towards the production and distribution of our newsletter in return for advertising contact - [nikki@burns.org.nz](mailto:nikki@burns.org.nz)

If you have any concerns about the contents of this newsletter please don't hesitate in contacting us.

**Yes I want to make a difference to the lives of burn survivors and their families**

Please accept my donation of \$

Details:

My email address is:

I'd like to donate by:

- Online at [www.burns.org.nz](http://www.burns.org.nz) OR
- Enclosed cheque made payable to Burn Support Group Charitable Trust. (PO Box 97164, Manukau City, Auckland 2241)

Please contact me about:

- Making regular donations
- Leaving a bequest in my will

**All donations to the BSG are tax deductible and receipted. Charities Commission No: CC48691.**