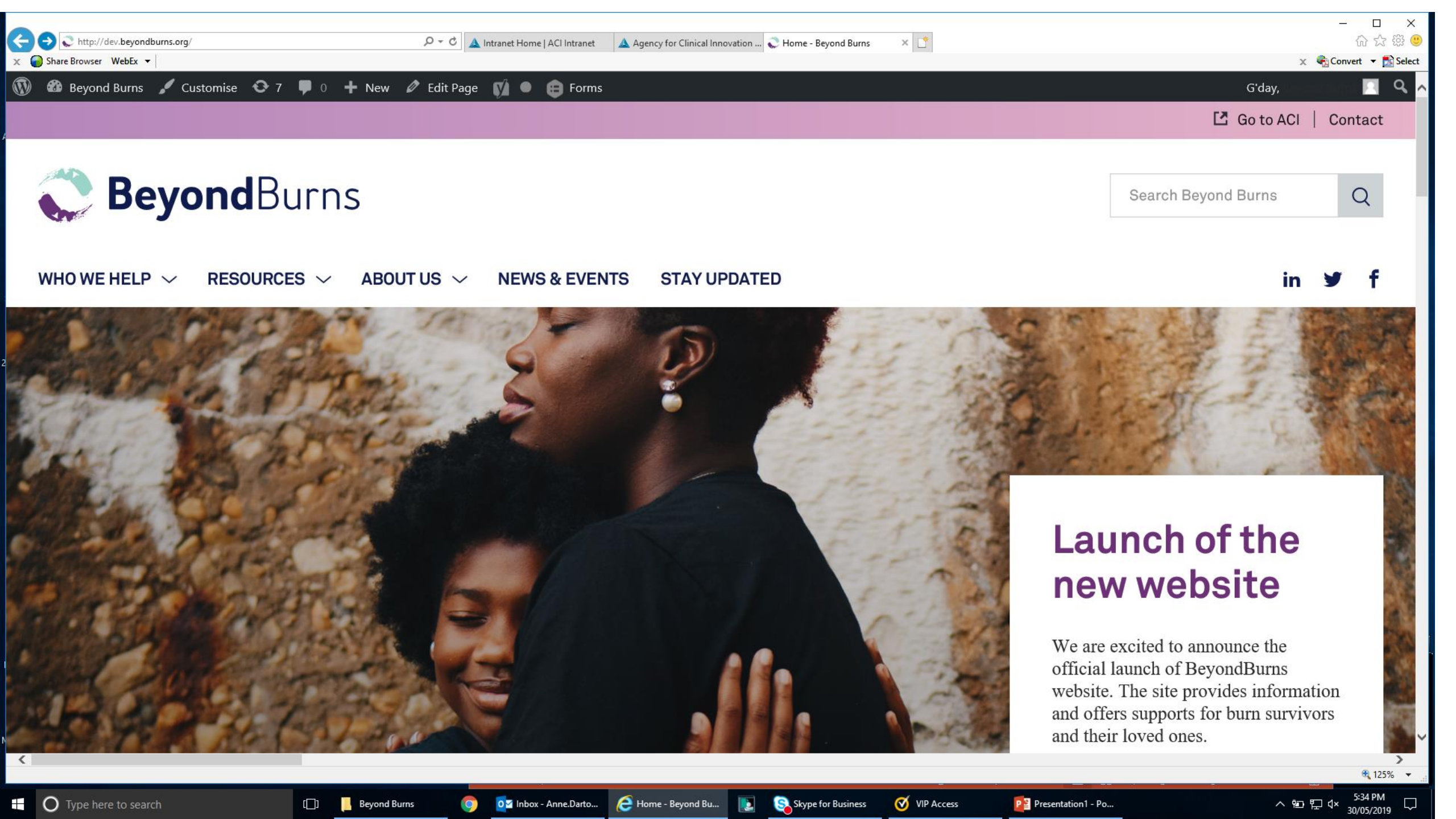




BeyondBurns



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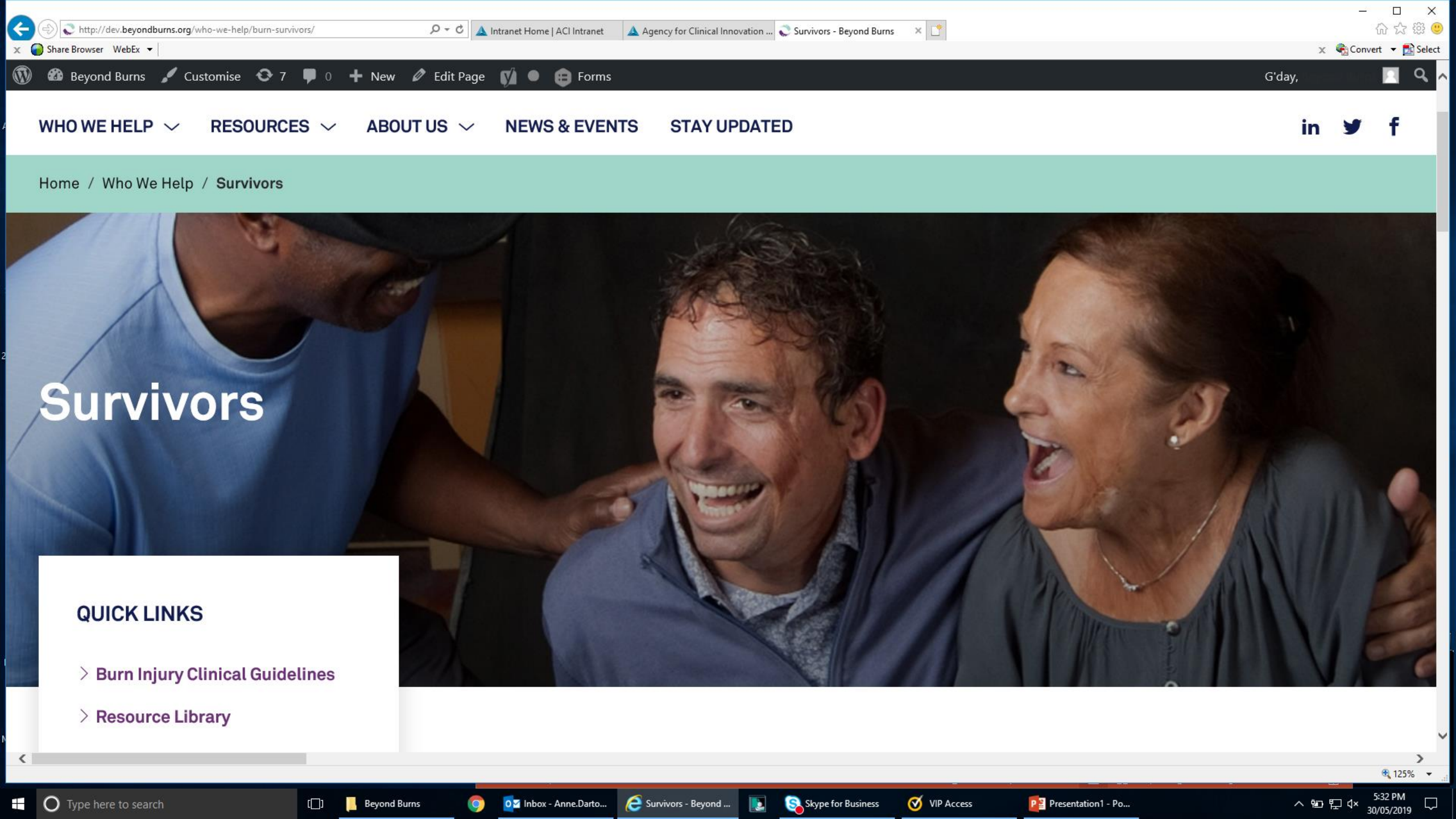


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Launch of the new website

We are excited to announce the official launch of BeyondBurns website. The site provides information and offers supports for burn survivors and their loved ones.



Home / Who We Help / Survivors



Survivors

QUICK LINKS

- > [Burn Injury Clinical Guidelines](#)
- > [Resource Library](#)

About Us

FAQ



Dale Forbes, Burn Survivor, founder of Beyond Burns

Beyond Burns is about empowering the wider burns community to heal and grow together. Its story began from passionate, firsthand roots, inspired by an active drive to spur the coming together of a vulnerable community so that they might thrive in a safe environment.

The hub has been created to share and exchange information, create awareness, receive ongoing support and education and be socially engaged through all levels of Beyond Burns. [Our story](#)

http://dev.beyondburns.org/resources/

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New

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Forms

G'day,

CATEGORIES

> All

> Getting Back to Life

> Health & Wellness


> Parent & Child Resources

> Peer Support

> Prevention

> Professional


> Therapy advice



Burn itch

Why is burn itch a problem?
For the first week or two


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Cool Runnings

What is it? The Cool Runnings app provides information on how to


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Long term scar management

What to do when things might be going wrong Even if you


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Children and Burn



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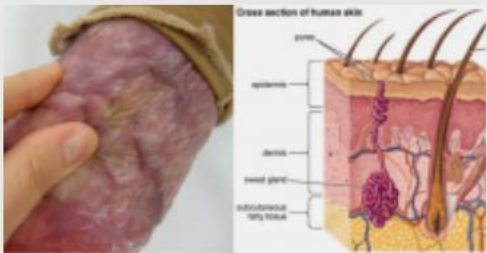
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of recovery.

CATEGORIES

- > All
- > Getting Back to Life
- > Health & Wellness
- > Parent & Child Resources
- > Peer Support
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- > Professional
- > Therapy advice



Looking after my skin after a burn injury

Massaging healed burned skin
What is different about my skin? The burn

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Wearing splints for burn injuries

Wearing a splint for a burn injury
Why do I need to

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NSW Trauma App

The NSW Trauma app is an interactive decision-support tool to improve patient

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Why do I need to wear a pressure garment after a burn injury?

The aim of wearing pressure garments is to keep the developing active scars flat and prevent them from raising above the level of the surrounding uninjured skin. It is understood that the pressure works by reducing the blood flow to the scarring skin and limits the delivery by the body of the tissue that creates the scar.

Pressure helps manage swelling that may happen when you are first injured but also in the longer term.

Pressure often helps manage itchiness and tingling sensations particularly on legs.

How is the pressure applied to my scars?

The type of compression that the burn therapists prescribes depends on your wound healing, what part of the body is affected, time since the burn wound has healed and individual needs.

Early on pressure or compression is applied with bandages and is part of the wound dressings and treatment.

[< BACK TO RESOURCES](#)



Why is burn itch a problem?

For the first week or two after a burn injury pain is often the main focus but may become less of a problem quickly. However itch can start in the first or second week, frequently peaking in 4-6 months for severe burns and, unlike pain, remains for weeks, months, or even years.

Burn patients often experience itch as their wounds heal. Itch, also known as pruritus, can have major negative effects on the patient, both physically and psychologically.

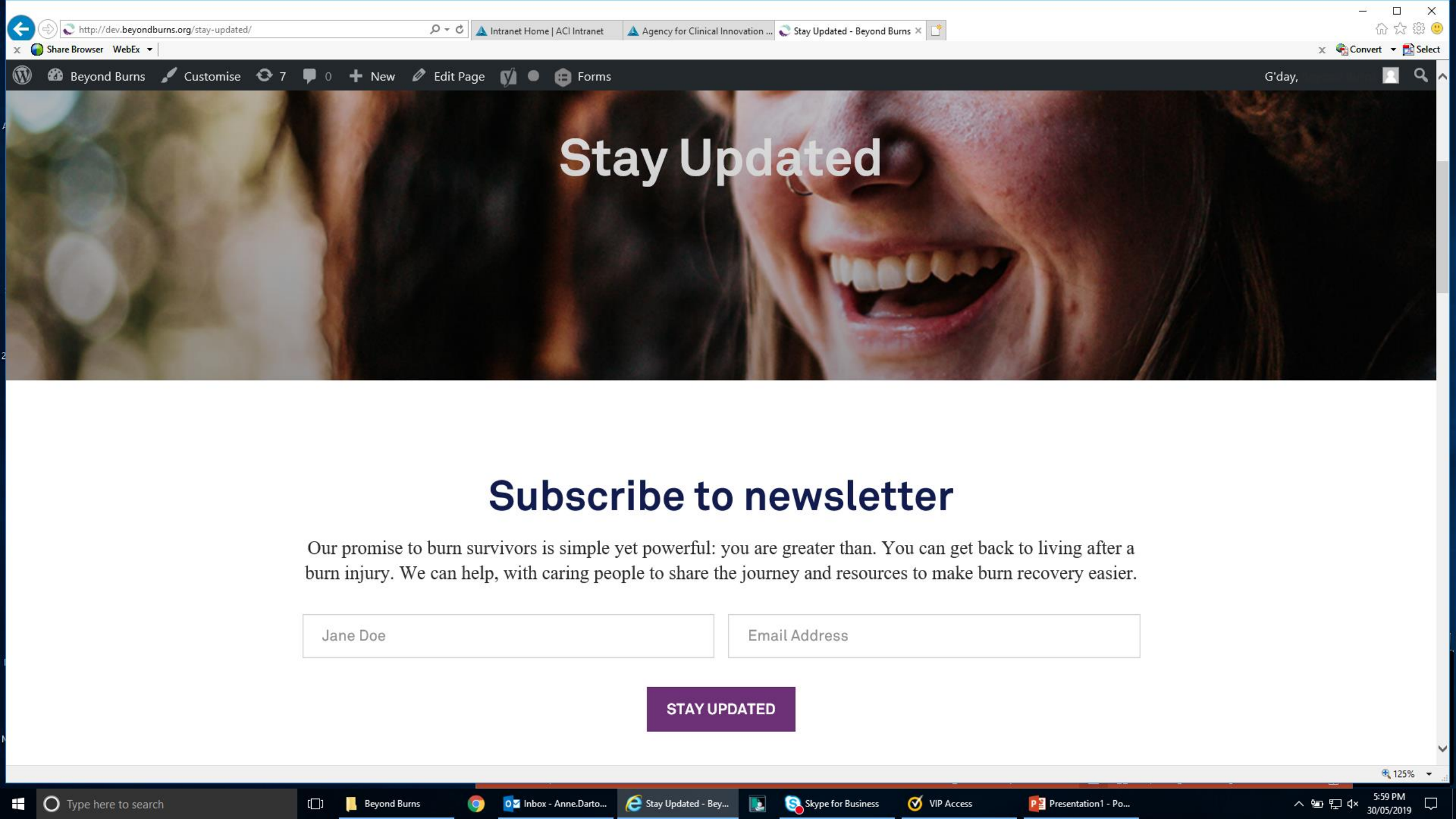
Physically it may cause the patient to scratch so much that they can produce wounds, particularly in the areas of newly healed skin. These wounds can then lead to infection, increased healing times and increased long-term scarring. It is important to treat itch, especially with children as young children do not understand the consequences of scratching, such as damaging the new skin.



Exercise and stretching with burn injuries

Why do I need to stretch and exercise after a burn injury?

Acute or early on after the injury



Stay Updated

Subscribe to newsletter

Our promise to burn survivors is simple yet powerful: you are greater than. You can get back to living after a burn injury. We can help, with caring people to share the journey and resources to make burn recovery easier.

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Questions

- What functionality or features are important to include
- What could be risks or challenges
- What could be done to address these risks or challenges