

QUICK RESPONSE ACTIONS

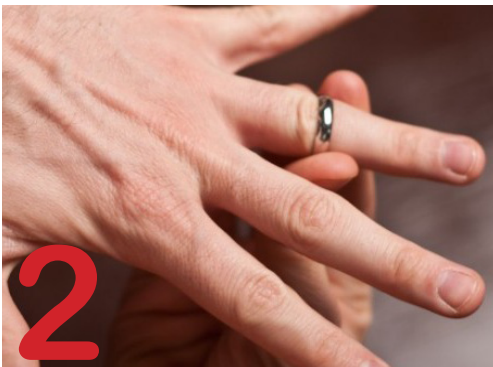
REMEMBER

STOP. DROP. ROLL.

- Stop the burning, put out the fire or remove person from danger
- Check for other life threatening conditions
- Call 111
- Seek medical attention for any burn over the size of a new 20 cent piece
- Cool the burn for 20 minutes
- Cover the burnt sites with cling film where possible
- DO NOT USE CLING FILM ON FACIAL BURNS
- Treat for shock, reassure and monitor
- DO NOT remove anything sticking to a burn
- Never put creams, butter, ointment or goo on a burn



- 1 Cool the burn for 20 minutes**
- 2 Remove restrictive items and clothing**
- 3 Cover the burn and layer with cling film - DO NOT WRAP**



Key indicators of surface burns:

- Painful
- Blistering
- Swelling
- Red skin at the site of the burn

Key indicators of deep burns:

- Little or no pain
- Signs of shock
- Difficulty in breathing
- Blackening or charcoal appearance of skin



**In case of emergency
call 111**

FIRE SAFETY ACTION PLAN

REMEMBER

Do not enter a burning building

- Call 111
- Do not attempt to fight a fire unless it is safe to do so
- The cleanest air is nearest the ground
- Think safe especially during summer months around BBQ's and outdoor burners
- Carbon Monoxide is a silent, odourless killer
- It's not always the fire or smoke that kills, but often toxic fumes given off by furnishings
- Establish a home evacuation plan, install smoke detectors and check them regularly.

Can you get out of your burning home?

- Establish a family evacuation plan
- Are smoke detectors installed and checked regularly
- Keep all matches and lighters out of childrens reach
- Teach children to stay low and get out
- Teach children to STOP. DROP. ROLL.



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BURN SUPPORT GROUP CHARITABLE TRUST INC

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www.burns.org.nz

