



Burn Support Group Charitable Trust, Inc Auckland

July 2011

Quote for the Month

*What lies behind us
and what lies before
us are tiny matters
compared to what lies
within us.*

Ralph Waldo
Emerson

WOW I can't believe its July already!!! I don't know about everyone else, but I'm counting down till summer comes ☺

Take a break and find out what the Burn Support Group has been up to over the past couple of months.

And remember we have an AGM coming up on the 15th August, which you are most welcome to attend.

More details will be posted on our website shortly.

XX

Donations

*All donations to the
Burn Support Group
are tax deductible.*

*Please help our
organisation as little
or as much as you
can.*

*Thank you to all our
anonymous donators.*

Order your 2011 | 2012
Entertainment™ Book



HERE



Burn Support Group Charitable Trust, Inc Auckland



Clothes Dryer Safety

FACT The leading cause of home clothes dryer fires is failure to clean them

- Have your dryer installed and serviced by a professional.
- Do not use the dryer without a lint filter.
- Make sure you clean the lint filter before or after each load of laundry.
- Rigid or flexible metal venting material should be used to sustain proper air flow and drying time.
- Make sure the air exhaust vent pipe is not restricted and the outdoor vent flap will open when the dryer is operating. Once a year, or more often if you notice that it is taking longer than normal for your clothes to dry, clean lint out of the vent pipe or have a dryer lint removal service do it for you.
- Make sure the right plug and outlet are used and that the machine is connected properly.
- Follow the manufacturer's operating instructions and don't overload your dryer.

AGM

When: Monday 15th August 2011

Where: Kidz First Conference Room, at Middlemore Hospital

Time: 7.00pm

If you require any information please contact the office on 09 276 0250 or email info@burns.org.nz



Burn Support Group Charitable Trust, Inc Auckland

Burn Support Group Donates to National Burn Centre

THANKS: Middlemore surgeon Amber Moazzam, accepting the new skin graft equipment, from Carrie Trow of the Burn Support Group.

By Adrian Evans SNL

It's not your standard wishlist item but the Zimmer air dermatome kit is a definite winner for the National Burn Centre at Middlemore Hospital.

The state-of-the-art surgical instrument is used to harvest a thin layer of skin, called a skin graft, from one area of the body to be attached to another.

It is the first kit donated by the Burn Support Group Charitable Trust and will join three others already in service at the centre.

Plastic surgeon Dr Amber Moazzam says the centre's latest addition will help reduce waiting times for patients needing skin grafts. "Being the National Burn Centre we treat all the major burns from around the country so it's a vital piece of equipment for our burns surgery and we can't do without it."

Dr Moazzam says the kit's high-speed cutting action takes grafts that smooth and uniform, allowing patients to heal better.



"Up to 10 sheets of skin with same thickness can be taken," he says.

"It's a very advanced piece of equipment and I think without this technology it would be very hard to do the types of major surgery that we do on a regular basis.

"If we need to be able to take large pieces this machine is the right thing for it."

The Burn Support Group raised the \$26,314 needed for the machine through a telemarketing campaign across Auckland last year.

Email on healing burns incorrect

A viral email advising burn victims to use flour to cool burns and prevent scarring is misleading the public.

The email urges readers to cool burns with flour and is undermining current first-aid messages.

PLEASE treat burns with cool running water for a minimum of 20 minutes.



Burn Support Group Charitable Trust, Inc Auckland

Presidents Corner

Hi All

With winter now upon us for at least another 3 months I trust that you have all done those checks of electrical appliances and haven't just pulled them out of the closet plugged them in and hoped that they were all ok. As they probably were at the end of last Summer some 9 months ago. Remember an ounce of prevention could save a pound of heart ache, or something like that.

Recently we had a great round of golf and it was so great to see the board, survivors and families support this event. I think apart from Maggie making sure I knew when she got a hole in one, repeatedly, our Maggie went home feeling pretty chuffed by the numbers.

The results were not important to most and the fact that I came last is either because I am no good at golf or I am loosing the art of cheating (adding up the score card). Having my daughter Whitney with Hariata and myself was a great bonus. My hole in trophy.

I am currently in Melbourne Australia with my other daughter Natalie, husband Alan and Princess number 3 out of my 4 little darlings, Sophie. They have just moved into a new house

for them so I'm babysitting and house cleaning for a couple of weeks.

The weather over here isn't much better than at home.

Things coming up are the fundraising through telemarketing. The launch of Alan Breslau's book, The Beauty of Disfigurement, then coming up the World Burn Congress and many other events I am sure Carrie will keep us all informed about.

So visit our website, tell your friends all about the Burns Support Group and support the board in upcoming events.

Remember this is your board catering for your needs. If you don't tell us what you would like then how can we know what to do?

Have a great warm safe and happy winter 2011.

Hear from you all soon, I hope.

George

(President)

Oppps Almost forget. Upcoming AGM. Be there have a listen and if you want jump on board the board.



Burn Support Group Charitable Trust, Inc Auckland

Mini Golf

May 29th saw burn survivors (young and older), family, our esteemed patron, her husband and some of the Trust's board members meet at Jungle World Mini Golf located on Ormiston Road for a game of Mini Golf.

We were put into groups of four and the challenge was set, although I do not think that the Tiger's, Rory's and Lee's of the professional golf world have anything to worry about..... yet!!!!

Amidst the intense concentration, there was a look of determination on many faces, alot of oohhhs and aaahs, there was of course, alot of laughter and fun. Plus, there was even the occasional 'cooe' echoing across the course from a board member to a certain Mr President (who was over par I might add) to let him know that she had played a good shot or better still, had a hole in one! You do not have to be Crocodile Dundee to master the 'cooe'!!

At the end, score cards were tallied, and despite a certain 'someone' saying he was the only

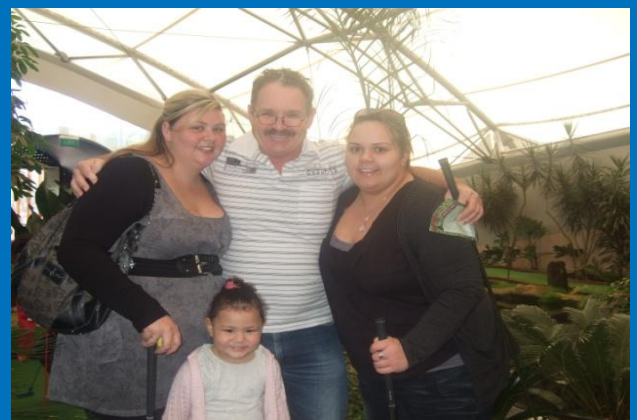
honest golfer present, there were

some impressive scores, plus several holes in one from both the children and adults.

It was wonderful to see all the children getting on so well together, and including the 'littlies' in the day. The adults of course, also got on well. The afternoon concluded at the Hollywood Bakery where a social afternoon tea was enjoyed by all, with promises of all catching up again at the next family day.

Thank to the Trusts social committee for organising a fun afternoon. I know that I am certainly looking forward to the next one.

*Jan Steele
Vice President / Treasurer*





Burn Support Group Charitable Trust, Inc Auckland

Special Thanks

Tasman Insulation

Pink Batts Charity Challenge - 50th Anniversary

Pink Batts selected the Burn Support Group among other charities to take part in a Charity Challenge to celebrate 50 successful years. They hosted an interactive game show on the Pink® Batts® website to promote their achievement and raise funds for the Burn Support Group and five other charities.



Visitors to the website were encouraged to take part in the show and donate their points to the game show charity of their choice.

Burn Support Group finished the competition with 106,250 points. As a result of this great effort, they received \$4,781.

We would sincerely like to thank Tasman Insulation for the opportunity to take part in this challenge. And also a big thank you to everyone who took the time to play and donate their points to the Burn Support Group.

Inner Wheel Club

The Burn Support Group were presented a cheque for \$3,000 which is going towards a donation of recliner chairs for the National Burn Centre at Middlemore Hospital.

The Inner Wheel is comprised of the wives of Rotarians and they are very active in raising money for worthy causes. We sincerely thank you for your support and commitment to our cause.

Fire Protection Association New Zealand

The Burn Support Group were presented a cheque for \$1310.12 from the Fire Protection Association New Zealand.

The Burn Support Group would like to thank the Fire Protection Association NZ for their on-going support, we really appreciate it.

To the right: Mike Connolly from Fire Protection Association NZ, presenting the cheque to George Stephens President of the Burn Support Group Charitable Trust.





Burn Support Group Charitable Trust, Inc Auckland

Burn Support Groups Telemarketing Campaign

Southern Stars Charitable Trust has once again chosen Burn Support Group Charitable Trust, Inc. to be the beneficiary of one of their outbound telemarketing donation programmes. Their campaigns receive substantial donations from both members of the public and businesses



Their dedicated team of telephone operators make thousands of calls over a number of weeks inviting people to buy tickets to one of their professionally produced LIVE pantomimes. These tickets can be purchased for the person's own family/children to attend the show or they can be brought and donated for distribution to special needs and disadvantaged children; so they too can enjoy the experience of the LIVE theatre

This year's campaign will be commencing on the **25th July and will end on September 09th**. The pantomime in aid of Burn Support Group this year is 'Beauty and the Beast' and three LIVE shows will be performed on the 15th October 2010.

Don't wait to see if you receive a call because tickets are also available for sale to the general public! So, if you would like to purchase a ticket for yourself or donate a ticket guaranteed to spread a smile onto the face of a special needs or disadvantaged child please call; Southern Stars Charitable

HOT WATER BURNS LIKE FIRE

Two thirds of all hospital admissions for burns are as a result of accidents involving hot water, hot food, hot drinks or steam.

You can protect your children from accidents that cause the most common burn injuries by:

- Ensuring that your kettle and hot drinks are placed out of reach of children.
- Making sure your kitchen is a NO PLAY zone.
- Never leaving cooking unattended.
- Using the back elements of your stove first.
- Turning pot handles towards the back of the stove.
- ALWAYS supervising young children when having a bath, shower or washing their hands.
- Running cold water into a bath before you run the hot water and testing the temperature of the water before you bathe your child.

www.burns.org.nz

Southern Stars

www.southernstars.org.nz

Burn Support Group Charitable Trust, Inc.

We are a non profit organisation that provides individuals who have sustained burn injuries (and their families) with support and assistance, during and after their hospital stay.

We aim to lower the incidence of burn injuries by contributing to community injury prevention measures and offering our FREE burn prevention seminars to interested community groups, schools and early childhood centres throughout Auckland.

The severity of burn injuries can be dramatically reduced by giving correct first aid treatment as soon as possible:

1. Cool the burn under running water from the cold tap or shower for AT LEAST 20 minutes without delay.
2. Remove clothing from the burn area unless it is stuck. If clothing sticks, cut around the burn area and leave that piece of fabric for medical staff to remove.
3. Do not touch the burn or burst any blisters as this can cause infection.
4. Cover the burn with clean non fluffy material (for example, a pillowcase) or loosely cover with plastic wrap to prevent infection. * Do not cover face.
5. Seek advice from your doctor or nearest hospital.

Seconds to burn, BUT 20 minutes to cool!

www.burns.org.nz



Burn Support Group Charitable Trust, Inc Auckland

Camp 2012!!!

Lakes Ranch Rotorua / 5th – 9th January 2012

Register your interest by emailing Nathalie at education@burns.org.nz or calling our office on 09 276 0250.
Camp attendance is FREE for children aged between 7 and 18.



JOIN US ON FACEBOOK

Join the Burn Support Group on Facebook – search for 'Burn Support Group Charitable Trust' and become a member today!!!



Newsletter Contributions

If you have any comments about the contents of this newsletter or ideas for future newsletters please don't hesitate in contacting: carrie@burns.org.nz or education@burns.org.nz

Kind regards,

Carrie Trow, Nathalie Johnson & all the board members from Burn Support Group Charitable Trust Inc.



Burn Support Group Charitable Trust, Inc Auckland

BURN SUPPORT GROUP CHARITABLE TRUST, INC

Phone: **09 276 0250** Email: info@burns.org.nz

Name: _____ Phone: _____

Address: _____

Email: _____

- Thank you; please delete my name from your mailing list.
- I wish to receive the BSG newsletter, please add me to your mailing list.
- My address has changed my new address is:

- I would like the Burn Support Group to contact me.
- I enclose a donation of \$_____ for the Burn Support Group Charitable Trust.
(All donations are tax deductible.)

Direct Debit

To make a donation by direct debit please use the details below:

National Bank of NZ

Remuera Branch

Account Number: **06 0233 0068794 00**

Post to:

Burn Support Group Charitable Trust, Inc.

P.O Box 97164

Manukau City,

Auckland 2241